

Class Parties and Celebrations!

- * Are there options available through the cafeteria for buying snacks for class parties?

YES! Your child's school cafeteria has many healthy snack items available for sale for class parties at a lower price! Please order items 2 weeks prior to event to ensure delivery

Your child's cafeteria also offers pizza and cupcakes for those special birthday occasions. No more running to the store!

- ♦ Big Daddy's Pizza Party- Whole grain cheese or pepperoni pizzeria style pizza. Each child receives one slice of pizza, chilled juice, choice of milk, fruit or tossed salad. *Cost \$2.50/child**
- ♦ Goody Man Celebration Cupcakes- Chocolate cupcake with chocolate icing & sprinkles or white cupcake with vanilla icing & sprinkles. *Cost \$0.50/each.*

**The Big Daddy's Pizza complies with federal guidelines which allows us to pass along savings to you for those students who qualify for federal assistance. Speak with cafeteria manager to help figure the cost. Students' names that receive assistance will be kept confidential at all times.*

Please check out our website for the order forms!

Nutrition Components

The Child Nutrition Program prepares and serves well-balanced, nutritious meals. The meals provide needed nutrients which promotes a healthy weight. Each meal is carefully analyzed to ensure that they meet the USDA nutrition guidelines. The child nutrition program strives to offer a variety of fresh fruits and vegetables, whole grains, skim and 1% low fat milk. All menu items are trans fat free, lower in sodium and contain essential vitamins A and C!



Child Nutrition Program
5855 Crabtree Road
Clyde, NC 28721

Phone: 828-627-1150
Fax: 828-627-1596

Website: www.haywood.k12.nc.us/hcscnp

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AN EQUAL OPPORTUNITY PROVIDER."

Haywood County Schools

Child Nutrition Program



Information & Services

▶ "What's For Lunch?"

Phone: 828-627-1150

School Nutrition Program



- * What does a school meal consist of?

Breakfast

The following must be offered every day:

- 1 serving of juice or fruit
- 1 serving of milk

AND

- 2 servings of bread/grains
(i.e. cereal & toast)

OR

- 1 serving of bread and 1 serving of meat
(i.e. sausage biscuit)

- **Students must select 3 out of the 4 food items to be considered a full breakfast. Students would not be able to have both a piece of fruit and a juice.

Lunch

The following will be offered every day:

- 1 serving of meat/meat alternative
- 1 serving of milk
- 1 serving of bread/grain
- 2 servings of vegetables/fruits

- **Students must select 3 out of the 5 choices to be considered a full lunch. Students will not be allowed to take more than 2 servings of fruit/vegetables unless they would like to pay extra for the additional items.

In addition to meals students can purchase

Drinks and snacks. If you would like to put a limit on what extra items your child can buy please contact their cafeteria manager.

- * How can I pay for my child's meals?

Options

1. Cash given to the cashier
2. Personal checks given to the cashier
3. Credit card payments made through LunchPrepay.com

- * What is Lunch Prepay?

Lunch Prepay is an online service that allows you to make payments to your child's account online via credit/debit card.

There is a one-time fee of \$10.00. Parents who are already active with Premium accounts will not need to pay again.

Each transaction will have a \$1.95 processing fee. Parents will be able to make payments to multiple lunch accounts at the same time, eliminating dual transactions (and dual transaction fees).

For more information please visit lunchprepay.com



- * Is my child eligible for free or reduced lunch prices?

Please keep in mind that a new application is required EVERY school year. An application can be filled out at anytime during the school year if there is a change to your income. If approved, students can receive breakfast and lunch each day.

Visit our website

www.haywood.k12.nc.us/hcscnp/cnp-forms for the income eligibility guidelines and application.

Please return applications quickly. Parents will be responsible for the cost of meals until the application is processed.



Meal Prices

Breakfast PreK-12: \$1.00
Or free for Free & Reduced Students

Lunch PreK-5: \$2.00
Or \$.40 for Reduced Students
Lunch 6-12: \$2.25
Or \$.40 for Reduced Students