

Pisgah High School Counseling Center SENIOR NEWSLETTER

Mrs. Mills, Counselor A-G Mr. Blackburn, Counselor H-O Mrs. Heinz, Counselor P-Z Mrs. Ray, Career Development Mrs. Hardin, Secretary

Happy New Year!

It's never too late to develop better habits! For great ideas on improving your study skills, check out **www.how-to-study.com** for help with concentration, time management, test-taking, and more!

IMPORTANT DATES

If you missed Pisgah's <u>Financial Aid Night</u>, do not despair! Laura Misner with CFNC will be doing another presentation about financial aid for the entire county at Haywood Community College on **Jan. 28**, **6:00-8:00 pm** in the auditorium.

Attendance Saturday Schools: Jan. 9 and Jan. 16.

Exam Schedule:

1st and 3rd period on Jan. 14

2nd and 4th period on Jan. 15

SAT Dates:

-Next test Jan. 23.

-Register for March 13 test by Feb. 4.

(Late registration until Feb. 18.)

ACT Dates:

-Next test Feb. 6. (Registration deadline Jan. 5. Late registration until Jan. 15.)

-Register for the April 10 test by March 5.

(Late registration until March 19.)

Interested in NURSING?

WNC Regionally Increasing Baccalaureate Nurses (WNC RIBN) program enrolls students in programs simultaneously at A-B Tech and WCU. Applications to both schools, SAT scores, and official transcript (at least 3.0 GPA required) must be submitted to A-B Tech no later than **January 29, 2010.** Call Jenna Nickerson at 254-1921, ext. 7534 for details and to set up an appointment to take the Test of Essential Academic Skills. Information is also available in the counseling center.



January 2010

Please remember:

The law requires all 18-year-old men to register for selective service. You may register at your local post office or via the internet at www.sss.gov.

You will need to provide your name, address, telephone number, date of birth, and social security number. You should complete this process within 30 days of your 18th birthday. For further questions, you may call 1-847-688-6888.

Character Trait for the Month of January:

Self Discipline

"We are what we repeatedly do; excellence then is not an act, but a habit." —Aristotle

SCHOLARSHIP INFORMATION: Always see your counselor for more details!

Haywood County Schools Foundation:

Pick up a fact sheet in the counseling center or review online at http://www.hcsf.haywood.k12.nc.us/

One application for 40 different scholarships! Deadline March 13, 2010.

North Carolina Alpha Delta Kappa International Honor Society:

Pick up a fact sheet and application in the counseling center for up to 3 different scholarships. Requires an application form, transcript, two recommendations, recent picture, and personal statement.

Deadline Feb. 2, 2010.

State Employees Association of North Carolina:

20 awards for 4-year schools and 4 awards for 2-year schools. Applicant or parent/guardian must be a member of SE-ANC. Applications are available at www.seanc.org and must be postmarked by

April 15, 2010.

GANAS Scholarship / Loan for students who are migrants or are formerly migrants. Application in counseling center; Deadline April 10, 2010

KFC Colonel's Scholars: Up to \$5000 for students with GPA of 2.75 or higher. Application available at www.kfcscholars.org. Deadline **February 10, 2010.**

Janice M. Scott Memorial Scholarship Fund:

Students with 2.5 GPA or higher with community service and extracurricular involvement should complete application, request a transcript, acquire two letters of recommendation, complete a financial statement, provide a photgraph, and write a reflective essay. Should be postmarked by **March 31, 2010**.

Carolina Tall Club: Application (available in counseling center), transcript, essay and two recommendations must be received by January 25, 2010.

Children of Disabled, Deceased, Combat, or POW/MIA War Veterans:

Information in Counseling Center or call 274-5559. Deadline March 1, 2010.

King's College Scholarship Event: Four \$5000 scholarships awarded to students with highest exam scores and three \$1000 scholarships awarded to students in DECA, HOSA, and FBLA. Call King's College in Charlotte at 1-800-768-2255 to make an appointment for **January 9, 2010**.

HOSA Scholarship Event also planned for March 25-27 at King's College: One \$1000 scholarship will be presented. Application available in counseling center; Due February 22, 2010.

Jagannathan Scholarship: For students planning to attend a college in the UNC system. Application includes extracurricular activities, a personal statement, two references, and a transcript. Applicants must also complete a CSS Profile, available for \$25 at www.collegeboard.com.

Applications in the counseling center; Due to our office February 12, 2010.

MaxPreps Citizen Athlete: Ten \$25,000 scholarships awarded nationally. Go to www.MaxPreps.com/CitizenAthlete or call 1-800-329-7324. Deadline March 12, 2010.

Student Athlete Milk Moustache of the Year (SAMMY) Award: Twenty-five \$7500 scholarships awarded nationally to student athletes. Apply at bodybymilk.com by March 5, 2010.

Ione M. Allen Music Scholarship: Applicants must demonstrate academic achievement, financial need, personal character and leadership, and musical talent. Application, signed agreement, transcript, test scores, recommendation, personal statement, resume, Federal Tax Form 1040, and W-2 Forms are required. Application available at www. wachoviascholars.com or call (866)608-0001.

Must be postmarked by February 6, 2010.

Legal Support Staff of Asheville: Application in the counseling center. Due back to our office January 15.

Bullard Scholarship for students interested in full time Christian ministry. Applications available in the counseling center. Must be postmarked by January 15, 2010. It's already second semester of my senior year?!?

What do I do now?

First, go online to **www.fafsa.ed.gov**

to complete the Free Application for Federal Student Aid. Even if you do not qualify for federal or state grants, most colleges still consider the EFC (Expected Family Contribution) generated by this report when they determine needbased grants, loans, or work study positions. Do this as soon as possible since most schools treat need-based financial aid on a first-come, firstserved basis.

Remember your pin number, save a copy of the completed documents (to make the process easier next year), and have your family's financial documents nearby for your reference. It is much easier to complete this form if your family's tax forms are already completed.

If you have questions, do not hesitate to call a college financial aid office for assistance. They really don't mind!



Next, continue listening to announcements, checking our bulletin board, and visiting the counseling center for scholarship opportunities as they arise.

Finally, your applications should all be in, but there is still time to make some college visits before any final decisions. Check the schools' websites for open houses and special events.

Note: www.fafsa.com is NOT the correct site! There should NOT be a fee to complete this form!