

# PISGAH HIGH SCHOOL

## Junior Newsletter

#1 Black Bear Dr. Canton, NC 28716

828)646-3440

### North Carolina Scholars Program

Are you a student who takes a rigorous course load? If you are, you could be a North Carolina Academic Scholar your senior year. To be eligible, be sure to take the following courses:

- 4 units of English
- 3 units of Science (Earth, Biology, Chemistry)
- 2 units of the same foreign language
- 4 Maths, including a higher level math course for which Algebra II is a pre-requisite
- 1 fine arts
- 1 vocational course
- 2 second level or advanced level courses among the electives  
(example: ROTC II, Drafting II, etc.)
- 3.5 unweighted grade point average

February 2010

#### PHS COUNSELORS

**Lori Mills**  
Last Names A-G  
**Stan Blackburn**  
Last Names H-O  
**Teresa Heinz**  
Last Names P-Z

#### PARENTS:

We welcome you to visit us about your student and their progress toward graduation, or any other questions or concerns you may have. Feel free to call your child's counselor at any time!!!

### Advanced Placement Courses

So, what exactly are AP Courses? These courses better prepare students for doing college-level work while in high school. Depending on the score you earn from the required AP exam at the end of the course, you may even earn college credit while in high school. These are more rigorous courses and students are compensated by receiving more quality points for their grade point average. Six points will be earned for an A, five points for a B, and four points for a C and so on. We offer AP US History and AP English III during the junior year and AP Calculus and AP English IV during the senior year. In addition, there are numerous courses offered online for seniors. Our registration is just around the corner and if you are thinking about applying to a selective school, it's good advice to have some AP course work under your belt. And besides, the senior year is no time to play around. Cost for each AP exam is \$86.00. All students that take the courses, MUST take the exam that goes along with the course.

## Opportunities for Rising Seniors

**Project Uplift:** a special program that enables high achieving rising seniors to experience college life on the UNC-Ch campus. Students spend two days visiting classes, meeting with faculty and staff, interacting with Carolina students, and participating in cultural and social activities. This year's program will be held on May 20-22, May 27-29, June 3-5, and June 10-12. There is a non-refundable \$10 registration fee; beyond that, Project Uplift is an **all expense paid program**, including meals, room, and program materials (excluding travel costs) Project Uplift is designed for students from under-served communities such as American Indians, African Americans, Hispanic/Latinos, and Asian Americans. They also welcome prospective first-generation college students and individuals from disadvantaged backgrounds. Students should be academically motivated, rank in the top 25% of their class, be enrolled in a curriculum that includes AP courses, foreign language, and advanced math. Project Uplift Nominees show active involvement in extracurricular activities and have demonstrated leadership. If you are interested, see your counselor today!!



Project Uplift

**Martha Guy Summer Institute**—The program involves two weeks on Appalachian's campus learning about business, and developing leadership and professional skills. That is followed by a trip to Washington, DC and New York City. The entire experience is described by all as "amazing!" The 2010 Martha Guy Summer Institute is scheduled for July 11 - 31 . Admission to MGSI is limited to current high school juniors who have a sincere interest in business. Applicants should be competitive students among their high school class, shall provide evidence of high school academic achievement, demonstrate involvement in school, and/or community activities, as well as leadership potential. Once applications are received, they are screened and reviewed. Telephone interviews may be conducted to identify finalists, who will then complete a personal interview.

**Applications are now being accepted for the 2010 Martha Guy Summer Institute.** Visit [www.business.appstate.edu/marthaguy/](http://www.business.appstate.edu/marthaguy/) for more information.

Application Postmark Deadline – March 1, Interview dates TBA, Notification Dates - First week of May

**NOTE: Tuition for the entire three-week program, trip included, is \$800.** Contributions from the Martha Guy Endowment fund more than 75 percent of the actual program costs, estimated to be approximately \$2,750. Tuition and endowment fund supplement provides housing, meals, instruction while on campus, and travel expenses (lodging, transportation, most meals and admission fees to sites and events) in New York City.

### The 2010 Electric Cooperative Youth Tour—

Join more than a thousand rising seniors from across the country spending a week in Washington, D.C. This year's tour will be held June 12-18, 2010. Visit [www.NCElectricCooperatives.com/YouthTour](http://www.NCElectricCooperatives.com/YouthTour) for more information!

There are many opportunities out there. Some require fees, others do not. We want to make you aware of as many opportunities as possible, but in no way are we saying that those with fees are more beneficial to students than those without. You will want to weigh the cost of any program that you are interested in.

## Interested in Presbyterian College??

The Presbyterian College Fellow Program is designed to recognize high school juniors who have excelled academically and to provide them with information about the academic scholarship competition at Presbyterian. Anyone interested, come by the PHS Counseling Center as soon as possible for qualifications. PHS must nominate students MARCH 1.



# The North Carolina Governor's Page Program



NC Governor's Page Program

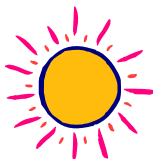
This is a year-round program that runs each week from Monday at 1pm to Friday at 2pm. IF selected, you would have the opportunity to spend a week in Raleigh and learn about the roles and functions of state government. Each week, Pages are assigned to a cabinet level agency or Council of State office within the state government complex to assist employees with various tasks. In addition to their daily responsibilities, Pages will have the opportunity to meet the Governor, attend press conferences, participate in service projects, and tour historic landmarks. Open to all high school students between the ages of 15 and 18 who are in good academic standing. Pages receive \$150 to cover their expenses during their week of service. For more information or an application, visit the website at [www.volunteernc.org/programs/pageProgram.aspx](http://www.volunteernc.org/programs/pageProgram.aspx)

Character is doing what is right when nobody's looking!

KVOJPS!NBSTIEMT!

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Looking for something to do this summer??



Visit [mysummer-camps.com](http://mysummer-camps.com) for a complete listing of all kinds of camps happening all over the country!! There are even camps that focus of the SAT and ACT!

## Sports in College...Visit the NCAA Clearinghouse

Anyone who is interested in playing sports in college needs to be sure to register with the National Collegiate Athletic Association. You must be able to meet academic eligibility and core course requirements. To register, prospective student-athletes should access the registration materials by visiting the Clearinghouse website at [www.ncaaclearinghouse.net](http://www.ncaaclearinghouse.net). From the homepage, you should click on "Prospective Student Athletes" which will link to the necessary information.



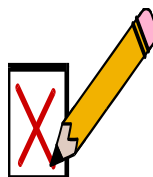
## \* Planning on college after you graduate? Prepare for the SAT! \*

All students going to a 4-year College or University should have an SAT or an ACT score by the **end of the junior year**. The dates for this spring are:

May 1, 2010 - Last day for regular registration is March 25, 2010. Late registration closes on April 8, 2010. Pisgah offers this May test date.

June 5, 2010 - Last day for regular registration is April 29, 2010. Late registration closes on May 13, 2010. Tuscola offers this June test date.

As a senior, you may retake the test in October to try to improve scores. If you have not registered for either test, be sure to



visit [www.collegeboard.com](http://www.collegeboard.com). For questions, come by the Counseling Center.

Students going to a community college do not need either test but a placement test is required for the community college.



# College planning for juniors

Ask a counselor or teacher about taking the SAT Subject Tests in the spring. You should take them while course material is still fresh in your mind. You can download "Taking the SAT Subject Tests," which offers test-prep advice, from [www.collegeboard.com](http://www.collegeboard.com).

If you're in Advanced Placement Program (AP) classes, register for AP Exams, given in May. You can earn college credit for courses not given in the AP Program by taking CLEP tests at a college test center. See [www.collegeboard.com](http://www.collegeboard.com) to learn more.

## Spring

Visit some local colleges—large, small, public, private. Get a feel for what works for you. Attend college fairs, too.

Scan local newspapers to see which civic, cultural, and service organizations in your area award financial aid to graduating seniors. Start a file.

Develop a list of 15-20 colleges that attract you. Request viewbooks and information about financial aid and academic programs that interest you. Visit some colleges over your spring break.

If you're considering military academies or ROTC scholarships, contact your counselor before leaving school for the summer.

## Summer

If you are an athlete planning to continue playing a sport in college, register with the NCAA Eligibility Center ([www.ncaaclearinghouse.net](http://www.ncaaclearinghouse.net)).

Find a full-time or part-time job, or participate in a camp or summer college program.

Visit colleges. Take campus tours and, at colleges you're serious about, make appointments to have interviews with admissions counselors.

Create a resume—a record of accomplishments, activities and work experiences since you started high school.

Download applications from colleges to which you'll apply. Check application dates—large universities may have early dates or rolling admissions.

**Source:** The College Board

So much to do to get ready for your senior year, you have got to get organized. If you start tackling the list above, you will be ready to begin your senior year by applying to the schools you select after you have researched, visited campuses, taken tours, and narrowed your list to your top 3-5 choices!!

