

# Family and Consumer Science

## FN 7045 Foods and Nutrition I

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Mrs. Earley  
Room D1

828.456.2408 (ext.6088)  
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### Course Description

This course examines the nutritional needs of the individual. Emphasis is placed on fundamentals of food production, kitchen and meal management, food groups and their preparation, and time and resource management. English language arts, mathematics, science, and social studies are reinforced. Work-based learning strategies appropriate for this course include service learning and job shadowing. Apprenticeship and cooperative education are not available for this course. Family, Career and Community Leaders of America (FCCLA) competitive events, community service, and leadership activities provide the opportunity to apply essential standards and workplace readiness skills through authentic experiences.

### Required Materials Needed

- ✓ **2 ½ or 3" 3-ring binder (No spiral Notebooks or Composition notebooks) Must have everyday**
- ✓ **1 set of 6 Dividers (tabs)**
- ✓ **Pen/pencil (MUST have every day for class)**
- ✓ **Chrome Book must be charged and brought with you. You must have it especially for tests**
- ✓ **Hair Net for Labs (Teacher will provide one per student. If you should lose yours/ruin it will be **.50 cents to replace** your hair net. Failure to do so will result in a Zero (0) for that Lab grade. Hairnets must be always worn during Labs to participate. This is part of Safety and Sanitation in the kitchen labs.)**

### EVALUATION

Classwork/Homework  
Tasting/Tests  
Projects/Labs

Counts 1 Time  
Counts 2 Times  
Counts 3 Times

VOCATS Exam (100 questions)

25% of final course grade

### GRADING SCALE

|   |        |
|---|--------|
| A | 90-100 |
| B | 80-89  |
| C | 70-79  |
| D | 60-69  |
| F | <59    |

### Attendance Policy

- After missing 6 days, days 7,8,9 students must complete credit recovery, after day 10 appeal form must be completed and turned into the office. If you do not make up time or appeal for credit you will not receive credit for this class. See student handbook about the consequences of tardies.
- If you are tardy to any class, you will have to check in at the ISS check in table

### Makeup Work Policy

- After any absence, all makeup work is due within 2 days' time limit. Any unfinished assignment will be graded as is or given a zero if not turned in by this time.
- **Students are responsible and required to obtain missed assignments from Mrs. Earley.**

### Assignments

- Any **cheating** will result in a zero score. Administrative and parental involvement will follow.
- Late assignments **will not** be accepted after the due date. Students are given ample time to finish assignments in class and/or at home.
- **Missed labs will need to be made up at home with a video made of you cooking the required lab. Then submit to me for credit. Otherwise, you will receive a zero for a lab grade.**

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### THE "BE" RULES

1. **BE PROMPT**- be on time for class
2. **BE PREPARED**- have your pencil and binder every day and ready to start class (sometimes Chromebooks)
3. **BE POLITE**- use your manners! Please, thank you, excuse me, etc....

*In addition to the above rules, students will be expected to follow all school rules as outlined in the Tuscola Student Handbook.*

### Cell Phone Policy

- NO Cell Phones in class or in the kitchen labs. Per new NC State Legislation, no cell phones are to be used during instructional time. Phones will need to be kept in your backpack. This includes all electronic devices, ear buds/headphones and Smart watches.
- Smart Watches- Be respectful and don't be texting from them or they will need to be put with your phone.
- **Automatic referral for having cell phone in the classroom/lab area or use of other electronic devices (smart watches) not approved by the teacher in class. Whether you are using it or not it should be in your backpack.**

### BEHAVIOR CONSEQUENCES

- 1<sup>ST</sup> Offense is a warning
- 2<sup>ND</sup> Offense is a call to parents
- 3<sup>RD</sup> Offense is a direct office referral to Administration; parent/guardian contacted

### PROCEDURES

1. Backpacks and other bags must be kept in the designated area and not on top of table or counters.
2. Binders and pencils should be on your table prior to the tardy bell.
3. Students are not to line up at the door. Stay at your table until the bell rings.
4. Use of the restroom should occur between classes. Students should refrain from using the restroom during class time unless it is an **emergency**. If you must go during class, **ask before just leaving the room** and make sure to use the Smart Pass kiosk to sign in/out. ONLY one student at a time may use the bathroom.
5. **Students are not allowed to be in the kitchen labs except during lab times.**
6. **Students are not allowed to be in or use the classroom refrigerators.**
7. **All students are required to taste test all foods/beverages made in the classroom. Exception is a Doctor documented allergy in Infinite Campus. This is a participation grade. This is a participation grade and counts 2x.**
8. **Dress code for labs: you are required to wear closed toe shoes in labs. No sleeveless shirts or overly baggy clothing, it is a safety precaution.**
9. **Labs are privilege not a right**

ANY DISRESPECT DIRECTED TOWARD THE TEACHER OR ANOTHER STUDENT WILL NOT BE TOLERATED. ANY ABUSE OF THE EQUIPMENT IN THE ROOM WILL RESULT IN AN AUTOMATIC REFERRAL TO THE OFFICE.

I am looking forward to having your student in class. My e-mail address is [aearely@haywood.k12.nc.us](mailto:aearely@haywood.k12.nc.us) if you should need to contact me.