

## June 2014 THS Football Workouts

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 -THS Fball Workouts 5:30-7 PM	3 -THS Fball Workouts 5:30-7 PM	4 -THS Fball Workouts 5:30-7 PM	5 -THS Fball Workouts 5:30-7 PM	6 OFF	7
8	9 OFF	10 OFF	11 OFF	12 OFF	13 OFF	14
15	16 -THS Fball Workouts 5:30-7 PM	17 -THS Fball Workouts 5:30-7 PM	18 -THS Fball Workouts 5:30-7 PM	19 -THS Fball Workouts 5:30-7 PM	20 OFF	21
22	23 -THS Fball Workouts 5:30-7 PM	24 -THS Fball Workouts 5:30-7 PM	25 -THS Fball Workouts 5:30-7 PM	26 -THS Fball Workouts 5:30-7 PM	27 OFF	28
29	30 OFF					

# July 2014 THS Football Workouts

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 OFF	2 OFF	3 OFF	4 OFF	5
6	7 -THS Fball Workouts 5:30-8:30 PM	8 -THS Fball Workouts 5:30-8:30 PM	9 -THS Fball Workouts 5:30-8:30 PM	10 -THS Fball Workouts 5:30-8:30 PM	11 OFF	12
13	14 -THS Fball Workouts 5:30-8:30 PM	15 -THS Fball Workouts 5:30-8:30 PM	16 -THS Fball Workouts 5:30-8:30 PM	17 -THS Fball Workouts 5:30-8:30 PM	18 OFF	19
20	21 OFF	22 OFF	23 OFF	24 OFF	25 OFF	26
27	28 -THS Fball Workouts 5:30-8:30 PM	29 -THS Fball Workouts 5:30-8:30 PM	30 -THS Fball Workouts 5:30-8:30 PM	31 -THS Fball Workouts 5:30-8:30 PM		