



# Tuscola High School

## Freshman & Sophomore Newsletter

564 Tuscola School Rd., Waynesville, NC 28786

(828) 456-2408

2012 Fall #1

### Counseling Center Information

1. **Newsletters:** published with each report card and posted on our website.
2. **Website:** Please go to [www.ths.haywood.k12.nc.us](http://www.ths.haywood.k12.nc.us) and look under "Student Services"
3. **Bulletin Board:** We post announcements from colleges, scholarships, and special programs.
4. **Announcements:** Listen to daily announcements or read them on our website.
5. **Phone alerts:** Important messages will be sent home by our phone alert system.
6. **Teacher Conferences:** Call Ms. Hargrove if you would like to have a conference with your child's teachers.



### COUNSELING CENTER STAFF

Ronda Hargrove: Counseling Center Receptionist (ext. 6008)

Diana Chambers: Registrar (ext. 6009)

Elaine Clinard: Data Manager (ext. 6015)

Joan Kennedy: School Social Worker (ext. 6056)

Kari Francoeur: Counselor for students with last names beginning A through G (ext. 6012 or [kfrancoeur@haywood.k12.nc.us](mailto:kfrancoeur@haywood.k12.nc.us))

Joy Sollie: Counselor for students with last names beginning with H through O (ext. 6014 or [jsollie@haywood.k12.nc.us](mailto:jsollie@haywood.k12.nc.us))

Julia Plott: Counselor for students with last names beginning with P through Z (ext. 6011 or [jplott@haywood.k12.nc.us](mailto:jplott@haywood.k12.nc.us))

The counselors at THS appreciate the opportunity to work with parents and students! If students need help with personal and social issues—we are here to provide individual counseling. We also enjoy Career Counseling and helping students identify their skills, abilities and career interests! If questions arise regarding academic progress, we will also be happy to assist with parent/teacher conferences. Please let us know how we can be of further assistance to you!

### Plan Now For Summer Learning!

The Directory of College Preparation Programs for K-12 Students in North Carolina is a great resource to find a summer program that interests you. It's available online at [www.cfnc.org](http://www.cfnc.org).

The directory lists programs across the state, sponsored by colleges and universities, public schools and nonprofit agencies that will prepare you for college success. You can choose from programs in science and math, leadership, business, government, health careers, marine sciences, arts, humanities and more.

These are a great way for students to explore career interests!



### DRIVER'S EDUCATION



In 1998, N.C. instated a law in effort to motivate and encourage students to complete high school. A student will need to have a Driving Eligibility Certificate in order to receive a N.C. driver's permit or license. A student must pass 5 out of 7 courses each semester. Students who do not meet this criteria will be reported to DMV & will have their driving privileges revoked. Now don't you want to stay in school and make good grades? You Can!

For more information on Driver's Ed. At THS—

Go to [www.ths.haywood.k12.nc.us](http://www.ths.haywood.k12.nc.us), then look under Student Services and Driver's Education!



## 9TH & 10TH GRADE SCHOOL PLANNING TIMELINE SUGGESTED BY CFNC.ORG!



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| 1. It's time to get serious & start making plans.   | 6. Find out about the courses you will want to take to get you ahead of the game if college/university is in your plans. | office and check out all of the information available to you.  |
| 2. Maintain and/or develop excellent study habits.  |  | 10. Explore your interests and personality style through assessments available on CFNC.org   |
| 3. Think about and act on possible positive character changes. It matters.  | 7. Learn about your options and develop a plan for each one, See your high school counselor for guidance.                | 11. Realize that you will change as you grow & mature, but it's always best to have a plan to change than to not have a plan at all. |
| 4. Talk to <u>everyone</u> about your after high school plans. Ask them about their experience!                                   | 8. Open an account on CFNC.org to record your progress. Keep track of your name and password.                            | 12. And, remember to get enough education to do the job you want to do. Dreaming big starts here.                                    |
| 5. Use the internet to help you learn about your options. Knowledge is free at your school library as well as our public library. | 9. Know when to ask for help. Visit your school counselor's  |  |



### OPPORTUNITIES

- **VFW Voice of Democracy Contest:** Students must type AND record a 3-5 minute essay; this year's topic is "*Is There Pride in Serving in our Military?*" See your counselor if interested. All entries must be in the hands of the VFW post by **November 1, 2012**.
- **Prudential Spirit of Community Award:** Any student who has engaged in a volunteer activity (after September 2011) is encouraged to apply online at [www.nassp.org/spirit](http://www.nassp.org/spirit) AND submit a copy of completed information to the Counseling Center by **November 5, 2012**.
- **Profile in Courage Essay Contest:** Students may write an original essay (1000 words or less) about political courage in an elected official after 1956 using at least 5 research sources. Seven students will be awarded prizes (first place is \$10,000). Information is available at [www.jfklibrary.org](http://www.jfklibrary.org). Deadline for online submission is **January 5, 2013**.
- **6th Annual Create-a-Greeting Card Contest:** Students may submit a unique photo, piece of artwork, or computer graphic for front of a greeting card. Information is available online at [www.gallerycollection.com/greeting-cards-scholarship.htm](http://www.gallerycollection.com/greeting-cards-scholarship.htm) about this opportunity to win \$10,000.
- **"We the People," the American Legion High School Oratorical Scholarship Program:** Up to \$18,000 scholarship open to all students. Interested students must (1) prepare and deliver an 8-10 minute speech on "some aspect of the Constitution of the United States with emphasis on a citizen's duties and obligations," and (2) study and be prepared to speak 3-5 minutes on selected constitutional topics. Deadline for school entry is typically **early December**. Interested students should see your counselor.
- **North Carolina School of Science and Math:** The "world's first public, residential high school for juniors and seniors that provides specialized curriculum in math, science, and technology." Rising juniors may apply online at [www.ncssm.edu/admissions/apply](http://www.ncssm.edu/admissions/apply). Applicants must take the SAT and have their scores sent to the NCSSM by the January deadline. Please see Mrs. Francoeur if you have specific questions!
- **First Freedom Student Competition:** National essay and video contest for students interested in history, freedom, and democracy. \$2500 awards available. Information available online at [www.firstfreedom.org](http://www.firstfreedom.org). Registration deadline is **November 12**, and postmark deadline for the essay or video and accompanying materials is **November 26**.



### Graduation Requirements



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| <ul style="list-style-type: none"><li>• <b>English:</b> 4 courses</li><li>• <b>Math:</b> 4 courses (Algebra, Geometry, Algebra 2, and an advanced math)</li><li>• <b>Science:</b> 3 courses (Earth/Environmental Science, Biology, a Physical Science—either physical science or chemistry)</li><li>• <b>Social Studies:</b> 9th graders— 4 courses (World History, Civics and Economics, U.S. History 1 and U.S. History II), 10th graders —3 courses (World History, Civics and</li></ul> | <ul style="list-style-type: none"><li>Economics, and U.S. History)</li><li>• <b>Health/PE:</b> 1 course</li><li>• <b>Electives:</b> 2 courses from any combination of Career and Technical Education (CTE), Arts (Band, Chorus, Drama, Art), or Foreign Language</li><li>• <b>Concentration Area:</b> 4 courses—all from one of the following categories—with at least one being a "level 2" or higher.: CTE, ROTC, Arts, Academic.</li></ul> |
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