

Events

The 5K Run *Free T-shirt for first 100 entries*

This race is open to runners and walkers of all ages. The 5K race will begin at Clyde Elementary School and travel West along the scenic Pigeon River. See Historic Shook House on Morgan Street, pass the Big Gun on Depot Street, then travel East following the Pigeon River to return to Clyde Elementary School.

\$15 advance registration

\$20 registration on day of event

The Fun Run/Walk

Everyone is invited to participate in the fun run/walk. This event is designed for young children, non-athletes, or those who cannot participate in the other events but would like to be involved. The fun run/walk will take place on Clyde Elementary School grounds and covers less than a mile. Each participant will receive a token of recognition.

\$5 — kids 12 yrs and under

\$8 — age 13 yrs and over

Schedule

Saturday, April 28, 2012

Check in and registration 7:45 – 8:45 am

5K 9:00 am

Family Fun Run/Walk 10:00 am

Healthy Lunch Choices: Wraps-Chicken or Vegetarian

Kids Chicken Strips

Also Available: Chips, Dessert, Drinks **11:00 – 12:30 pm**

Many other exciting events include HOPSports training system, 50/50, Popcorn, Cotton Candy, Inflatables, Face Painting and more!

5K Awards

Trophies will be awarded to the top male and female overall finishers. Age group medals for male and female will be awarded for the first, second and third in the following age groups:

Children in grades: K-1, 2, 3, 4, and 5

Ages 12-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & over

Entry Form

Name _____

Address _____

City/State _____ Zip _____

Phone _____

Age (on 4/28/12) _____ Birth date _____

Sex: **M** **F** Grade (for students) _____

CHECK ONE ☐ 5K \$15 advance registration / \$20 day of race

☐ Fun Run/Walk \$5 kids 12 & under / \$8 all others

Check T-Shirt size (5K only): *free t-shirt for the first 100 entries*

Children ☐ S ☐ M ☐ L

Adult ☐ S ☐ M ☐ L ☐ XL

All applicants must sign waiver:

Waiver: Upon acceptance of this entry, I, for myself, my heirs and assigns, hereby release the sponsors, officials and volunteers of The Cardinals Take Flight Clyde Elementary School Run Event, Clyde Elementary School PTO, Haywood County Schools, Haywood Regional Medical Center, State of North Carolina, Haywood County, NC, and all participating businesses and organizations from any and all liability arising from illness, injury or death I may suffer as a result of my participation in this event. I attest that I am physically able and have sufficiently trained for this event and am aware that participation in this event could result in physical injury. Should officials determine that completion of the event would be injurious to my health, I consent to be removed from the event and treated by designated medical personnel. I agree to accept the decisions of the officials as final. I also understand that wheeled vehicles including bicycles, skates and scooters, as well as animals are prohibited from the course. Strainers are allowed.

Signature _____ Date _____

Parent/Guardian (if under 18 years old) _____

MAKE CHECKS PAYABLE TO: Clyde Elementary School
MAIL OR RETURN ENTRY FORM WITH PAYMENT TO:
Clyde Elementary School, 4182 Old Clyde Rd., Clyde, NC 28721